



## Immediate Post-Concussion Assessment and Cognitive Testing

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### What is ImPACT or baseline testing?

- ImPACT is a computerized test that measures an athlete's verbal and visual memory, processing speed, and reaction time.
- Baseline (pre-injury) test results can be used and compared to a similar exam conducted by a health care professional during the season if an athlete has a suspected concussion.

### Who should be tested?

- Any athlete over the age of 10 who participates in a contact sport.

### How often should testing take place?

- Ideally in pre-season before the first contact practice.
- After a suspected concussion during the season.
- At least every 2 years.

### Who can administer the test?

- We are certified here at Greenwood PT to administer both baseline and post-concussion ImPACT tests.
- Call to schedule an individual or group/team test.